



## Underage Donor Informed Consent

**Attention Parent or Guardian:**

I hereby give my consent for my minor child, who is at least 16 years of age, to donate his/her blood or blood components to Gulf Coast Regional Blood Center.

**PLEASE COMPLETE IN INK**

**Check one of the following:**

- I wish to honor the privacy of my minor child to his or her protected health information; therefore, I waive my right of access to any test results or other protected health information that Gulf Coast Regional Blood Center may obtain or maintain regarding my child's health status. Further, I hereby give my consent for my child to control access to his/her protected health information that is maintained at Gulf Coast Regional Blood Center.
  
- I request that Gulf Coast Regional Blood Center provide me with any abnormal test results or other protected health information that may be obtained or maintained regarding my child's health status.

Parent/Guardian Name (print):	Date: / /
Parent/Guardian Signature:	

Minor's Full Legal Name (print):	Date: / /
Date of Birth: / /	

**IMPORTANT ADDITIONAL INFORMATION REGARDING THE DONATION  
 PROCESS IS ON THE BACK OF THIS FORM. PLEASE READ CAREFULLY.**

## General Information About Blood Donation

Gulf Coast Regional Blood Center makes a determination as to the suitability of all blood donors based on a physical examination (wellness check), donor interview, and disease testing. During the donor interview, sensitive and personal information is obtained from the donor.

### Blood Donor Suitability

The safety of both the donor and the patient who might receive the blood transfusion is our most important consideration. Steps in the blood donation process include:

- Basic donor requirements of:
  - Being at least **16 years of age** on the day of the donation
  - **Weighing at least 110 lbs, or 122 lbs for age 16 -18 donors**, on the day of the donation
  - **Eating a well-balanced meal** before donating
  - **Drinking plenty of fluids** before donating
- Bringing a **valid picture ID** prior to donation.
- Donor eligibility will be established in a confidential interview. This interview includes questions about the donor's medical history and activities, which may expose a person to infectious agents such as the viruses that cause HIV/AIDS, hepatitis, or West Nile Virus (WNV).
- Checking the donor's heart rate, temperature, blood pressure, and hemoglobin level (the oxygen-carrying protein in red cells).
- Using new, sterile, and disposable equipment to draw approximately one pint of blood.
- Resting and snacking after the donation.
- Testing for hepatitis B and C, Chagas, WNV, HIV, certain other infectious diseases, and syphilis.

If you have any questions about testing or for a complete list of tests performed, please contact Medical Services at 713-791-6612, or Dr. Susan Rossmann at 713-791-6275.

To report any subsequent issues related to the donation, please contact the Gulf Coast Regional Blood Center at 713-790-1200.

### Adverse Reactions to Donating Blood

While the blood donation process is normally a pleasant experience, it is possible short-term side effects may occur such as dizziness, skin irritation, bruising, or fainting. Although unlikely, it is also possible for bruising around the vein, an infection, or nerve damage to develop during or after your donation. On rare occasions, more severe reactions can occur with complications that are more serious.

To prevent the onset of an adverse reaction, it is important that you follow the recommendations to rest, drink juice, and eat a snack immediately after your donation. In addition, eating a full meal within the 4 hours before your donation will help you feel strong after donating; drinking water and juices before and after donating, helps your body to replenish lost fluids.

### RESEARCH PARTICIPANT INFORMATION SHEET

**Protocol Title:** A Prospective Study to Evaluate the Specificity of the **cobas**<sup>®</sup> Zika Test for use with the **cobas**<sup>®</sup> 6800/8800 System for Screening of Blood Donations for the Presence of Zika Virus RNA

**Study #:** cX8-ZIKA-412

**Sponsor:** Roche Molecular Systems, Inc.

**Principal Investigator Name:** **Susan Rossmann MD PhD**

**Research Site Address(es):**

Gulf Coast Regional Blood Center  
1400 La Concha Ln  
Houston TX 77054

**Daytime Telephone Number(s):** 713-791-6275  
**24-hour Contact Number(s):** 713-790-1200 Ext. 4 Option 4

**Additional contact information for your local blood donation center:** Please refer either to the donation consent document that you signed at your local donation center or, if your donation consent was electronic, to your local donation center's website.

This donor center is doing a research study on a new test system used to detect Zika Virus. To participate, you must meet the following criteria:

- You must meet the standard donor eligibility criteria.
- If you are a minor (for example age 16-17 years), you may participate if you have obtained permission of a parent (or legal guardian), where required by law, to donate blood and you assent to donate blood.

If you donate, your test results will be used to evaluate the new test system. Any remainder of your donation may be stored up to 3 years after the completion of the study and used for further research related to the Zika virus. Because of changes in blood screening regulations, your participation in this research study is necessary in order to donate today. Your alternative is to not donate today. If your test results show that you may have a Zika virus infection:

- This donation center will attempt to contact you only if your test results show that you may have a Zika virus infection and their significance will be explained. You will not be contacted if your results do not show that you may have Zika virus infection.
- You will be invited to participate in a voluntary follow-up study involving additional blood samples and you will be asked to sign an additional consent form.
- You should discuss these results with your primary care physician. You should discuss the potential

risk of sexual transmission of the Zika virus, and the potential harm to the fetus during pregnancy with either your physician or your donation center.

At any time, you may also visit the Centers for Disease Control and Prevention (CDC) website at <http://www.cdc.gov/zika/> for additional information regarding Zika virus.

Although you may not receive a direct benefit from this study, the results may allow for better test systems to become available to protect the blood supply. You will not be paid for your participation in this study. The risk of having your donation tested with the study test is not any greater than having your donation tested for other infectious diseases.

Your participation in this study is voluntary. If you decide not to participate after your donation is taken or not to donate today, there is no penalty to you. If you have questions about this study or would like to withdraw from further participation in this research study, call the Principal Investigator at the number(s) above. The results of all testing on your donation during this study are confidential, except when reportable by law to public health authorities, and to authorized blood center personnel, the U.S. Food and Drug Administration (FDA), and Roche Molecular Systems, Inc. If you have questions about your rights as a study participant call the Copernicus Group Independent Review Board (IRB) at 1-888-303-2224. An IRB is a group of people who review research independent of those sponsoring and doing the work. Please visit the Copernicus Group IRB website [www.cgirb.com](http://www.cgirb.com) for more information about research studies and the role of a research study participant.